

Karen Kay - BS, BA, CCFT, KPA CTP, CSCS, CES, CPT

Karen Kay is a graduate of the University of Tennessee Veterinary School Certified Canine Fitness Trainer program. Karen is also a graduate of the Karen Pryor Academy of Dog Training. She is also a graduate of the White Mountain Agility Instructor Program for Dog Agility. In addition, Karen is a professional member of KPA and the IIABC and has taught for Fenzi Dog Sports Academy.

Karen Kay is the owner and operator of Kay9 Fitness in Deerfield, NH. Karen teaches weekly in-person canine fitness classes in a small group setting, as well as seeing many private clients for assisting with home fitness programs. Karen also has an online canine fitness membership group conducted through a private Facebook Group. All dogs are welcome at Kay9 Fitness; large and small, pet dogs and elite and casual sport canines, senior dogs, and those that have completed rehabilitation from injury, but still need more help to return to their normal daily activities or sports activities. Canine Fitness is for life and an amazingly fun way to build your relationship with your dog!

Karen currently has three dogs. Taffy is a 13.5yr old rescue that is a Beagle/Jack Russell mix that is now retired from agility and barn hunt. Comet is a 7yr old rescue that is a Staffordshire Terrier/Jack Russell/Cattle Dog mix that participates in agility and barn hunt. Comet is the dog in the Kay9 Fitness logo and inspired Karen's canine fitness business. Comet had intra-hepatic liver shunt Koolie that Karen went all the way to Germany to get. Kazi is in training for her future sports career and is also a demo dog for Kay9 Fitness.